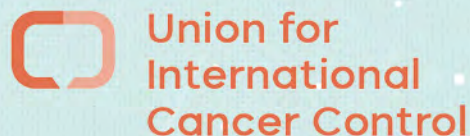


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# Regional Symposium on Cancer Survivorship

## Programme Book

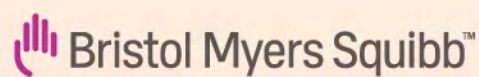
9 December 2023, Saturday

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# Congratulatory Message



**Prof. the Hon. LO Chung-mau, BBS, JP**  
Secretary for Health  
Health Bureau  
HKSAR



「香港防癌會  
癌症存活照顧」地區性研討會

聯 濟 輯 志  
恤 患 揚 康

醫務衛生局局長盧寵茂





**Dr. LEONG Che-hung, GBM, GBS, OBE, JP**

President  
The Hong Kong Anti-Cancer Society



香港防癌會  
「癌症存活照顧」地區性研討會

同行揚愛  
澤眾為群

香港防癌會會長梁智鴻



# Welcome Message



**Prof. Jeff DUNN, AO**

President

Union for International Cancer Control



Never before has a focus on cancer survivorship been more important. With global cancer incidence on the rise, there are more people living with the diagnosis of this life-threatening illness. For many, the side effects from the disease and its treatment may persist over time and have a negative impact on their relationships, their employment and their psychosocial as well as physical wellbeing. Understanding these impacts and delivering appropriate evidence-based interventions are critical to effective survivorship care, where the patient and their needs are situated at the centre of activity. Unfortunately, there remains great variation in the provision of and access to survivorship care services, and a priority must be to bridge this care gap to ensure equitable access for all.

Congratulations to the Hong Kong Anti-Cancer Society for organising this important meeting, to highlight the importance of survivorship and to bring together health service providers, clinicians and leaders from the Government and non-government sectors. Addressing the challenges of survivorship care will require close collaboration and a shared commitment to improving the quality of life for cancer patients and their families. Please join us in Hong Kong.





**Mrs. CHU YEUNG Pak-yu Patricia, BBS**

Chairman  
The Hong Kong Anti-Cancer Society



**Dr. Anne LEE**

Vice-Chairman  
The Hong Kong Anti-Cancer Society

It is our honour and privilege to welcome you to the Regional Symposium on Cancer Survivorship in Hong Kong, a platform for experts and healthcare professionals to collaborate and form an alliance for improving the lives of cancer survivors.

We are particularly delighted to co-organise the Regional Symposium with the Union for International Cancer Control (UICC). We are going to address a topic of utmost importance – cancer survivorship. Together, we will explore the multifaceted aspects of survivorship care, exchange knowledge, and empower one another to create a brighter future for cancer survivors.

We would like to extend our sincere gratitude to all the Organising Committee members and speakers who have dedicated their time and expertise to make this symposium possible. We would also like to thank sponsors for providing funding support to make the Symposium a reality, these include: AstraZeneca and Daiichi-Sankyo, our Title Sponsor, MSD and Roche as our Diamond Sponsor, HUTCHMED and Hong Kong Jockey Club Charities Trust as our Platinum Sponsor. Janssen, Pfizer and Amgen as our Gold Sponsor. Last but not the least, a big thank you to Bristol Myers Squibb, Takeda and Kwoon Chung Bus for their continuous support. Your commitment and generosity are truly commendable.

This year marks the 60th Anniversary of the HKACS and we hope that this Symposium will not only deepen your understanding of cancer survivorship but also inspire you to take further action and make a difference. Let us join hands as we embark on this journey together, empowering cancer survivors and their caregivers and promoting a future filled with hope, resilience, and improved quality of life.

Once again, welcome to the HKACS Regional Symposium on Cancer Survivorship. We wish you a fruitful and inspiring experience that will leave a lasting impact on your professional and personal journey.

For those coming from overseas, we also wish you an enjoyable stay in Hong Kong!



# Scientific Programme



08:30

-

09:00

## Registration

09:00

-

09:25

## Opening Ceremony

### Welcome Address

- Dr. LEONG Che-hung, GBM, GBS, OBE, JP  
(President, The Hong Kong Anti-Cancer Society)

### Speech by Guest of Honour:

- Prof. the Hon. LO Chung-mau, BBS, JP  
(Secretary for Health, Health Bureau, HKSAR)
- Prof. Jeff DUNN, AO  
(President, Union for International Cancer Control)

09:25

-

10:40

## SESSION I: Global Perspective

Moderator: Dr. Anne LEE

(Vice-Chairman, The Hong Kong Anti-Cancer Society)

### Comprehensive Cancer Survivorship Care Plan

- Dr. Rolando Enrique DOMINGO  
(Coordinator, Management of Non-communicable Disease,  
WHO Regional Office for the Western Pacific)

### Living well after cancer, a Global movement toward improved quality of life and improved survivorship outcomes

- Prof. Jeff DUNN, AO  
(President, Union for International Cancer Control)

### Exercise as Neoadjuvant, Adjuvant and Rehabilitative Medicine in Cancer Management

- Prof. Robert NEWTON  
(Professor, Exercise Medicine Research Institute, The Edith Cowan University)

### Q&A session

10:40

-

11:00

## Tea Break





# Scientific Programme

11:00

-

12:35

## SESSION II : Sharing from the Region

**Moderator: Dr. LAM Ka-on**

(Chairman, Cancer Education Subcommittee, The Hong Kong Anti-Cancer Society)

### Mainland China

- **Prof. SHI Jian-guo**

(Director of Cancer Rehabilitation, China Anti-Cancer Association)

### Hong Kong

- **Mrs. CHU YEUNG Pak-yu Patricia, BBS**

(Chairman, The Hong Kong Anti-Cancer Society)

### Philippines

- **Ms. Kara MAGSANOC-ALIKPALA**

(Vice President, Cancer Coalition Philippines)

### Singapore

- **Mrs. TAN Yee-pin**

(Head, Department of Psychosocial Oncology, National Cancer Centre Singapore)

### Q&A session

12:35

-

14:00

## Lunch Break

14:00

-

15:30

## SESSION III : Building Cancer Survivorship Programme in Cancer Centre

**Moderator: Dr. Stewart TUNG**

(Chairman, Cancer Research Subcommittee, The Hong Kong Anti-Cancer Society)

### Prostate Cancer Foundation of Australia

- **Prof. Suzanne CHAMBERS, AO**

(Professor & Dean, Faculty of Health, the University of Technology Sydney)

### Malaysia National Cancer Society

- **Dato' Dr. Saunthari SOMASUNDARAM**

(President & Medical Director, National Cancer Society of Malaysia)

### Princess Margaret Hospital, Toronto, Canada

- **Prof. Jolie RINGASH**

(Professor, Department of Radiation Oncology, University of Toronto)

### National Cancer Centre Korea

- **Dr. CHANG Yoon-jung**

(Vice Director, National Cancer Survivorship Centre, National Cancer Centre Korea)

### Q&A session



# Scientific Programme

15:30

-

15:55

## SESSION IV : Call to Action

Moderator: Dr. YING Chi-ho, Anthony

### Roundtable Discussion with Representatives:

#### Union for International Cancer Control

- Prof. Jeff DUNN, AO  
(President, Union for International Cancer Control)

#### Hospital Authority

- Dr. KO Pat-sing Tony  
(Chief Executive, Hospital Authority, Hong Kong)

#### The Hong Kong Anti-Cancer Society

- Dr. Anne LEE  
(Vice-Chairman, The Hong Kong Anti-Cancer Society)

15:55

-

16:00

## Closing Remarks

### Cancer Survivorship - The Way Forward

- Mrs. CHU YEUNG Pak-yu Patricia, BBS  
(Chairman, The Hong Kong Anti-Cancer Society)



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**Speakers**


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**Dr.**  
**Rolando Enrique**  
**DOMINGO**



**Prof.**  
**Jeff DUNN, AO**



**Prof.**  
**Robert NEWTON**



**Prof.**  
**SHI Jian-guo**



**Mrs.**  
**CHU YEUNG Pak-yu,**  
**Patricia, BBS**



**Ms.**  
**Kara**  
**MAGSANOC-ALIKPALA**



**Mrs.**  
**TAN Yee-pin**



**Prof.**  
**Suzanne**  
**CHAMBERS, AO**



**Dato' Dr.**  
**Saunthari**  
**SOMASUNDARAM**



**Prof.**  
**Jolie RINGASH**



**Dr.**  
**CHANG Yoon-jung**



**Dr.**  
**KO Pat-sing, Tony**



**Dr.**  
**Anne LEE**

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**Moderators**


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**Dr.**  
**Anne LEE**



**Dr.**  
**LAM Ka-on**



**Dr.**  
**Stewart TUNG**



**Dr.**  
**YING Chi-ho, Anthony**



# Organising Committee

**Co - Chairmen:** **Mrs. Patricia CHU YEUNG Pak-yu, BBS**  
Chairman  
The Hong Kong Anti-Cancer Society

**Dr. Anne Lee**  
Vice-Chairman  
The Hong Kong Anti-Cancer Society

**Members:**

**Dr. Lam Ka On**

**Dr. Stewart TUNG**

**Dr. Rebecca YEUNG**

**Dr. YING Chi-ho, Anthony**



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ALICE HO MIU LING NETHERSOLE CHARITY FOUNDATION



香港聖公會麥理浩夫人中心  
H.K.S.K.H. LADY MACLEHOSE CENTRE



**Cancer  
continuum**



**Holistic  
support**



**Patient  
centred**

Our social workers/nurses reach out to provide personalised, family-based, community support for patients and their caregivers along different stages of the cancer continuum. Services include telephone counselling, home visits, hospital outreach support, integrative body-mind-spirit programmes, purchase of community services (i.e. Chinese medicine, counselling, dietary, physiotherapy, home help, escort service, etc.) Same social worker/nurse will follow up the family for 4-9 months depending on their situation. All services are free of charge.

# Speakers' Biographies & Abstracts



## **Dr. Rolando Enrique DOMINGO**

Coordinator  
Management of Non-Communicable Disease  
WHO Regional Office for the Western Pacific  
Philippines

Dr. Rolando Enrique Domingo is a professor of ophthalmic oncology at the University of the Philippines. He was a former undersecretary of the Philippine Department of Health and is currently the Coordinator for Management of Noncommunicable Diseases at the World Health Organization, Western Pacific Regional Office.

## **Comprehensive Cancer Survivorship Care Plan**

**SESSION I**

The Western Pacific Region is home to more than one-fourth of the world's population but accounts for one-third of the global cancer burden and 36% of premature deaths. The region is expected to have a 41% increase in cancer burden by 2025. The burden is twofold with a profile that includes cancers linked to poverty and infection coinciding with cancers largely associated with diet, physical inactivity, obesity, and tobacco.

The benefits of comprehensive cancer survivorship plans include better management of health and well-being after cancer treatment, better communication between the patient and healthcare team, identification of treatment gaps, and better quality of life. However, most countries face challenges and threats that make it difficult to deliver preventive, therapeutic, and post-cancer treatment care.

The WHO recognizes that Universal Health Coverage, systems reform, meaningful engagement with people living with cancer, and healthcare based on integrated patient-centered primary care is the way forward to improve the continuing management of cancer patients.





### Prof. Jeff DUNN, AO

President  
Union for International Cancer Control

Jeff Dunn is the Chief of Mission and Head of Research at the Prostate Cancer Foundation of Australia. Jeff is also Professor Social and Behavioural Science and Chair Cancer Survivorship at the University of Southern Queensland and is a Board Member and Chair of the Audit and Risk Committee for the West Moreton Hospital and Health Service.

Jeff became President of the Union for International Cancer Control in October 2022, having served on the Board in various capacities over many years. His work in cancer control spans 30 years, in which time he has dedicated his career to the development of strategies that underpin cancer survival and improve awareness of the disease with a special focus on the social and behavioural aspects of cancer and has over 200 publications, including peer reviewed manuscripts, chapters, books and reports.

In 2014 Jeff was appointed an Officer in the Order of Australia for distinguished service to medical administration through leadership of cancer control organisations and promotion of innovative and integrated cancer care programs.

## Living well after cancer, a Global movement toward improved quality of life and improved survivorship outcomes

### SESSION I

Global cancer incidence continues to rise and at the same time, improvements in early detection and treatment are placing downward pressure on mortality rates leading to greater prevalence, with more people surviving the disease and living longer after diagnosis and treatment.

For many, surviving cancer carries with it ongoing decrements to an individual's physical, social and psychological well-being. Generating an escalating demand for evidence based, effective interventions to improve quality of life and survivorship outcomes.

So, what is survivorship and what are the trends driving this increasingly vocal and urgent movement? How might the global cancer control community respond to calls from survivors and patient groups, for a greater focus on the well-being of people diagnosed with cancer and those who care for them? How do we ensure that people not only live longer after a diagnosis of cancer, but that they also live well?

**Prof. Robert NEWTON**

Professor  
Exercise Medicine Research Institute  
The Edith Cowan University  
Australia

**Professor Robert Newton, PhD, DSc, AEP, CSCS\*D, FACSM, FESSA, FNCSA**

Professor Robert Newton is Professor of Exercise Medicine in the Exercise Medicine Research Institute that he established (2004) at Edith Cowan University, Perth, Western Australia. Current major research directions include: exercise medicine as neoadjuvant, adjuvant and rehabilitative cancer therapy to reduce side-effects and enhance effectiveness of surgery, chemotherapy and radiation therapy; the influence of targeted exercise medicine on tumour biology and exercise medicine for reducing decline in quality of life, strength, body composition and functional ability in cancer patients.

## Exercise as Neoadjuvant, Adjuvant and Rehabilitative Medicine in Cancer Management

SESSION I

Exercise is now well-established as a medicine and an integral component of cancer management and patient supportive care. So much so that the field of exercise oncology is being increasingly recognised. Exercise medicine is a neoadjuvant therapy preparing the patient for subsequent treatments such as chemotherapy or surgery. During the course of chemotherapy or radiation therapy, exercise is applied as an adjuvant therapy to reduce side-effects and enhance the effectiveness of these treatments. Perhaps the most established and recognised application of exercise oncology is for rehabilitation of the patient after their primary treatment to facilitate recovery and reduce the risk of recurrence or development of other chronic diseases. There is increasing research focus on the biological mechanisms by which exercise changes the tumour microenvironment creating a more cancer suppressive milieu so we can begin to understand why patients who are physically active have better cancer specific survival.



### **Prof. SHI Jian-guo**

Director of Cancer Rehabilitation  
China Anti-Cancer Association  
China



Professor Shi Jianguo, chief physician and doctoral supervisor. He graduated from the Fourth Military Medical University in 1983 and worked as a pathologist in Xijing Hospital before becoming an oncologist. In 1994, He began to organize a rehabilitation club for cancer patients, helping patients to go out of the home and actively participate in psychological, sports, nutrition and other cancer recovery activities, so that patients learned knowledge, exercised their bodies, uplifted their spirits, made friends, and promoted their physical recovery.

He is currently the director of the Cancer Rehabilitation Branch of Chinese Anticancer Association. He has published more than 80 scientific research papers. He is the chief editor of Modern Cancer Rehabilitation, One Hundred Thousand Reasons for Patients - Cancer Volume, Hydrogen Cancer Control: Theory and Practice, and other books. He gave lectures on the column program professor of Xi'an TV Station, saying that there are 53 issues of health. Supported by the American Cancer Society and Susan G. Komen Cancer Prevention Fund programs. He has in-depth pathological understanding of a variety of diseases and clinical diagnosis and treatment practice. He is one of the few oncologists with clinicopathological chief examination qualification in China.

## **Sharing from the Region: Mainland China**

### **SESSION II**

The vast majority of cancer survivors usually still have to face local recovery, overall physical and mental recovery, and cancer recurrence, metastasis, and regeneration. As of 2022 there are 146 cancer rehabilitation organizations registered with government departments in the Cancer Rehabilitation Branch of the China Anti-Cancer Association, and the number of cancer patients participating in daily activities is more than 1 million. The content includes: music, eating, moving, sleeping, training, medicine, management, that is, Psychological healing., physical healing, diet healing, habit formation, art healing, environmental healing and other specific methods. China Anti-Cancer Association Integrated Cancer Rehabilitation Training Base has been established in which non-clinical treatment and clinical treatment are combined to better implement the biopsychosocial medical model. It fully mobilizes the subjective initiative of cancer patients. The Cancer Rehabilitation Branch of China Anti-Cancer Association has also begun to conduct online cancer rehabilitation training for new cancer patients, especially their families.





### **Mrs. CHU YEUNG Pak-yu Patricia, BBS**

Chairman  
The Hong Kong Anti-Cancer Society  
Hong Kong

Mrs. Patricia Chu is the Chairman of the Hong Kong Anti-Cancer Society (HKACS), taking the lead to collaborate with government departments, non-government organisations, professional bodies, tertiary institutes and the private sector to promote cancer survivorship, bringing with her the knowledge and experience in the social work profession in addressing the social aspects of cancer and the importance of collaborative efforts in the fight against cancer.

Mrs. Chu is a distinguished leader in the field of social welfare especially in the area of family and child welfare work. With 34 years of dedicated service in the Social Welfare Department (SWD), she has held key positions, including Deputy Director and chairperson of various boards and committees. After her retirement, she has been appointed as the Chairperson of the Equal Opportunities Commission (EOC), member of the Welfare Sub-committee of Community Care Fund (CCF) and Family Council (FC) by the HKSAR government.

Her commitment also extends to the academia, where she served as the Associate Director of the Hong Kong University Family Institute (HKUFI) conducting researches and teaching the Master of Social Sciences in Marriage and Family Therapy Program. She is instrumental in the setting up of the Consortium of Institutes on Family in the Asian Region (CIFA) and the Asian Academy on Family Therapy (AAFT), the former being granted Special Consultative Status by the NGO Branch of the Economic & Social Council of the United Nations. She also serves as a Board member of Mother's Choice, providing professional advice on permanency planning for children in accordance with the UN Convention on the Rights of Children.

Mrs Chu is a Registered Social Worker and holds a Bachelor of Arts (1968) and a Master of Social Work (1975) from the University of Hong Kong. Her educational journey also includes leadership development programs at the Oxford University and the Harvard University J.F. Kennedy School of Government. Her exceptional contributions have been recognized with prestigious awards, including the Bronze Bauhinia Star in 2000, the Rotary Centennial Service Award for Professional Excellence in 2005, Distinguished Alumni Award during the 60th Anniversary of Social Work Education at HKU in 2010, and receiving the Outstanding Active Ageing Women Award in 2021.

## Sharing from the Region: Hong Kong

### SESSION II

With advancement in cancer diagnosis and treatment, cancer survivors live longer. During the cancer journey, cancer survivors and their caregivers are facing a lot of psychosocial hurdles, and many are suffering from deterioration of well-being. There is an immense need to provide holistic support services for them to fill the gap between hospital and community so that they can continue to maintain quality of life.

Evaluation of a pilot project on Walking Hand-in-Hand (2011-2013) showed significant distress reduction and improvement in quality of life among cancer survivors and their caregivers, leading to a 3-phase project funded by the Hong Kong Jockey Club Charities Trust covering a 10-year (2015-2025) period, with the Hong Kong Anti-Cancer Society as the co-ordinator. The Jockey Club Cancer Survivorship Project is providing holistic services and personalized care, currently by 5 non-governmental organisations covering the whole territory, adopting a community-based approach in empowering survivors and their caregivers. As the project evolved over the years, the focus of service delivery is adjusted to meet the emerging trend of growing number of younger survivors whose needs are different from that of older cancer survivors. Moreover, emphasis is on evidence-based service development and provision, thus continuous effort has been made to evaluate the effectiveness of the project by the research team of the University of Hong Kong.

For over 10 years of concrete frontline experience, and with findings of independent evaluation of the project, we are confident that the patient-centred, family-based and community-outreach model has developed a replicable service model to provide timely support to cancer survivors and their caregivers, thus bridging the gap between hospital and community and actualise medical/social collaboration in the existing medical-led healthcare system in maintaining their optimum physical, psychological and social well-being.





### **Ms. Kara MAGSANOC-ALIKPALA**

Vice President  
The Cancer Coalition of the Philippines  
Philippines

Kara Magsanoc-Alikpala is a cancer patient advocate, a broadcast journalist and an Emmy nominated documentary filmmaker based in the Philippines.

She is the founding president of the ICANSERVE Foundation, an NGO that partners with cities to institutionalize breast cancer control programs. She is also the Vice President of the Cancer Coalition of the Philippines, the prime mover behind the passage in 2019 of the National Integrated Cancer Control Act.

Alikpala is co-author of the study "Patient Centricity In Cancer Care" published by the Frontiers in Pharmacology.

She is a patient advisory board member of the Lancet Commission on Women and Cancer, a Founding Member of the Board of Trustees of the Philippine Alliance of Patient Organizations, an Independent Board Member of the Zodiac Health Ventures, Inc., and a member of the Multi Governance Board of Jose Reyes Memorial Medical Center.

She co-founded the video production company Storytellers International Inc.

She is a contributing producer for CNN International and ARD German Radio. She is the President of the Filipino Documentary Society. Her documentary Delikado (2022) was nominated for an Emmy for Best Investigative Documentary last September 2023.

## **Sharing from the Region: Philippines**

### **SESSION II**

Cancer Survivorship is not a popular concept in the Philippines, as in Southeast Asia. Fragmented concepts of survivorship care exist that need to come together so approaches to survivorship are wholistic, multi-disciplinary and as aggressive in the way the healthcare system approaches an accurate diagnosis and cancer treatment plan.

**Mrs. TAN Yee-pin**

Head  
Department of Psychosocial Oncology  
National Cancer Centre Singapore  
Singapore



Yee Pin is the Head of Psychosocial Oncology in National Cancer Centre Singapore (NCCS). A clinical psychologist and medical social worker by training, her areas of interest include psychosocial oncology, supportive and palliative care and oncology population health. She counts it a privilege to journey with patients and their families. Yee Pin is passionate about nurturing medical social workers and psychologists to bring psychosocial care to greater heights for patients with cancer and their families in the medical and community settings.

## Sharing from the Region: Singapore

**SESSION II**

Yee Pin will share the Singapore experience of developing Cancer Survivorship initiatives at the National Cancer Centre Singapore (NCCS). A response by NCCS in recognising that our oncology patients are living longer with cancer and to help them live well beyond cancer treatment.



**Prof. Suzanne CHAMBERS, AO**

Dean of Faculty of Health  
The University of Technology Sydney  
Australia

Professor Suzanne Chambers AO is a health psychologist and registered nurse who has been working as a practitioner-researcher in psycho-oncology for over 30 years. She was awarded her PhD in 2004 within the School of Psychology at Griffith University and has over 300 peer reviewed publications and numerous books, book chapters and monographs. Her work has focussed on developing models to predict help seeking and adjustment after cancer; designing remote access and low intensity psychological interventions for people affected by cancer; integrating peer support into controlled design methodologies; integrating distress screening into interventions to target high distress cancer patient groups.

Suzanne was appointed an Officer in the General Division of the Order of Australia (AO) 2018 for distinguished service to medical research particularly in the area of psycho-oncology and to community health through patient care strategies to assist men with prostate cancer. She is the founder and President of Open Eyes Global an incorporated association registered with the Australian Charities and Not-For-Profits Commission that raises funds to provide customised eye prostheses to disadvantaged children in Nepal with retinoblastoma. She is an Honorary Fellow with St Vincent's Health Network Sydney and is currently the Executive Dean of Health Sciences at the Australian Catholic University.



## Prostate Cancer Foundation of Australia

### SESSION III

Although treatments for cancer have dramatically improved and changed over the past two decades, it is not unusual to hear people talk about their experience of cancer as being challenging, medically focused, and uncoordinated, with patient and family support needs often still not being adequately met. The concept of survivorship seeks to address this by recognizing the physical, psychosocial, spiritual and economic impacts of cancer that need to be addressed so that the patient can achieve optimal quality of life.

Although survivorship is not a new idea, there has been a tendency for survivorship guidelines to be medically focused, consensus rather than evidence-based, and for the consumer voice to be absent. The Prostate Cancer Foundation of Australia (PCFA) has taken a leadership role in addressing this. Steps included multiple systematic evidence reviews, national consumer consultation, and finally a Policy Delphi with a 47-member expert panel that included leaders from key Australian and New Zealand clinical and community groups and consumers from diverse backgrounds. This proceed yielded 26 survivorship elements within six domains: health promotion and advocacy; shared management; vigilance; personal agency; care coordination; and evidence-based survivorship interventions. Consensus was high for all domains as being essential.

The Survivorship Essentials framework has now been implemented across Australia by the PCFA with a Wellbeing Plan that dynamically maps care coordination and planning between the patient and health professional. The framework has been adapted for use in other cancers and provides support for a patient-centred approach to survivorship care planning.





### **Dato' Dr. Saunthari SOMASUNDARAM**

President  
National Cancer Society of Malaysia  
Malaysia

#### **Dato' Dr. Saunthari Somasundaram, DPMP MBBCh, BAO, LRCPI, LRCSI (Ireland) MBA (UK)**

- President, National Cancer Society Malaysia (NCSM)
- Board Member, International Cancer Information Service Group (ICISG) 2016- present
- Board Member, Non-Communicable Disease (NCD) Alliance, 2021
- Board Member, Malaysian Women's Action Tobacco Control and Health (MyWatch)
- Chairperson, Non-Communicable Disease (NCD) Alliance Malaysia

With over 20 years' experience in cancer control, Dr Saunthari Somasundaram advocates for the awareness, prevention, early detection and survivorship of cancer. Within Malaysia, these initiatives are driven through the National Cancer Society of Malaysia (NCSM) - the nation's very first cancer ngo; in its education, care and support programmes.

Dr Saunthari's work in local and international Non-Communicable Disease (NCD) control has enhanced global solutions and local sustainable initiatives. She has also implemented strategies on the collaborative potential of NCD control, apart from advocating change from singular entities, through her advisory capacity for the Malaysian Ministry of Health and uniting the voices of Civil Society Organisation's (CSO) in health and non-health sectors.

Locally, she is also on the Board of the Malaysian Women's Action Tobacco Control and Health (MyWatch).

The accumulation of clinical, educational, operational and counselling skills, paired with vast experience has provided her a comprehensive picture of the benefits, challenges, needs and gaps of non-communicable diseases (NCD) and cancer control in ASEAN.

In November 2020, she was conferred the Darjah Datuk Paduka Mahkota Perak award, carrying the title Dato' by His Royal Highness The Sultan of Perak.

## National Cancer Society Malaysia

### SESSION III

The National Cancer Society Malaysia (NCSM) has established an exemplary Comprehensive Holistic Support Network for cancer survivors, encompassing a diverse team of professionals and services. This pioneering model integrates the expertise of Cancer Informative Services (CIS), medical doctors, psychologists, counselors, play therapists, patient navigators, dietitians, and peer support to provide a comprehensive and personalized approach to survivorship care.

The CIS assists survivors in acquiring information and relevant support services. Medical doctors ensure ongoing health monitoring and treatment. Psychologists and counselors address the emotional needs and mental well-being of survivors. Play therapists facilitate emotional healing, especially among young survivors. Patient navigators offer guidance through the complex healthcare system, and dietitians provide recommendations to maintain a healthy and balanced diet. Peer support groups connect survivors with shared experiences, fostering a sense of community.

NCSM's holistic network promotes physical and emotional recovery while empowering survivors to lead fulfilling lives post-cancer. By combining the expertise of multiple disciplines, NCSM sets a remarkable standard for survivorship support in Malaysia, emphasizing the importance of holistic care.



**Prof. Jolie RINGASH**

Professor of Radiation Oncology  
The University of Toronto  
Canada

Dr. Ringash is a Professor of Radiation Oncology at the University of Toronto, cross appointed to Otolaryngology-Head/Neck Surgery and to the Institute of Health Policy, Management and Evaluation. She is President of the Canadian Association of Radiation Oncology and Co-Chair of the Head and Neck Cancer Survivorship Programme at the Princess Margaret Cancer Centre. She is recent past co-chair of the Quality of Life (QOL) committee at the Canadian Clinical Trials Group (CCTG), and serves as QOL coordinator/advisor for projects with the US NCI Head and Neck Steering Committee, the EORTC, RTOG/NRG, ECOG and TROG. She has served on the Advisory Council for Research (ACOR) for the Canadian Cancer Society, and is a current member of the Strategic Executive Advisory Council (SEAC) for CCTG. Her research interests include QOL, cancer survivorship, and high-precision radiotherapy. She is also celebrating her 25th wedding anniversary this year!

## Princess Margaret Hospital Toronto, Canada

### SESSION III

Survivors of head and neck cancer (HNC) face serious physical, emotional, social and functional challenges which impact them for the remainder of their lives. These issues frequently affect their ability to work and can have serious consequences for their families and social networks. Access to specialized professionals (eg. Speech Language Pathology, Reconstructive surgery) and therapies is needed and may not be available in the community or within standard cancer programmes. Survival rates of HNC have risen over the past 20 years, increasing the number of patients and families facing these challenges.

Consequently, in 2011 The Princess Margaret Cancer Centre (the largest HNC treatment facility in Canada, and one of the largest in the world) set out to create a Head and Neck Cancer Survivorship Programme which has been recognized by Accreditation Canada as unique in the world. We built on an existing institutional Rehabilitation and Survivorship programme which provided basic services required across cancer diagnoses, pioneering a “modular” approach to survivorship in which a site-specific “grassroots” team worked together with patients and families to layer more specialized services over the existing facilities. Our programme is comprehensive, inclusive and attempts to support patients and families throughout the cancer journey, from diagnosis to death.

In this talk, I will describe how this programme was developed; how we work with stakeholders on continuous improvement; and how it has evolved during the challenges of the worldwide COVID-19 pandemic.





### Dr. CHANG Yoon-jung

Vice Director of National Cancer Survivorship Center  
National Cancer Center Korea  
Korea



Dr. Yoon-Jung Chang is director of Korean Cancer Survivorship R&D Project, vice director of National Cancer Survivorship Center of National Cancer Center. She is a family physician and majored in public health policy (M.S. from Seoul National University, Graduate School of Public Health), medical informatics (Ph.D. from Catholic University in Korea) and medical humanities (Ph.D. from Seoul National University College of medicine). She has been actively participated in policy development of national cancer control and hospice & palliative care (HPC) in South Korea since 2004.

Her major research interests have been focused on health communication and biomedical ethics in cancer care & cancer research. Recently she actively participates in a 'Korean Genome Pilot Project' and a member of IRB of Korea Disease Control and Prevention Agency and a member of the Ethical and Governance Committee of the International Cancer Genomic Consortium Accelerating Research in Genomic Oncology (ICGC ARGO).

## National Cancer Center Korea

### SESSION III

Korea embarked on its journey of cancer control in 1996 with the inauguration of its inaugural national cancer control plan(NCCP) augural plan featured a comprehensive array of initiatives, including the establishment of the Cancer Control Act through legislation, the inception of a dedicated governmental cancer control department, the formulation of a robust funding strategy, the crafting of a cancer research strategic blueprint, and the development of an encompassing policy strategy. Central to these efforts was the establishment of the esteemed National Cancer Center(NCC). Relative 5 year cancer survival rate have dramatically increased from 42.9%(`93~`95) to 71.5%(`16~`20) and cancer survivors were 4.2% of populations. In 3rd NCCP(`16~`20), the cancer survivorship support programme(CSSP) launched with NCC and 13 regional cancer centres(RCC). In 4th NCCP(`21~`25), CCSP was established a legal basis through national cancer act revision.





Scan to **JOIN**  
the Q&A session



About

# The Hong Kong Anti-Cancer Society

This year marks the 60th anniversary of the establishment of The Hong Kong Anti-Cancer Society (HKACS) and also to commemorate the 107th birth anniversary of the late Professor Ho Hung-chiu, John, founder of the HKACS. Throughout his life, Professor Ho was a staunch advocate for cancer prevention services and support in our city. In 1963, he founded the Hong Kong Anti Cancer Society, a groundbreaking organisation dedicated to this cause. In 1967, he successfully established Nan Long Hospital, the first medical facility in Hong Kong specifically designed to provide care for patients in the advanced stages of cancer. Professor Ho's pioneering initiatives have had a profound impact on the landscape of cancer care in Hong Kong.

## Founder of the Hong Kong Anti-Cancer Society Professor HO Hung-chiu, John



**Professor HO Hung-chiu, John, CBE  
(1916-2005)**

MBBS(HK), MD, DSc, FRCP(LOND) FRCR(RD), FRCR(RT),  
FRCRA, FACR, FHKCR



Professor Ho was born on 6 July 1916 in Hong Kong. He completed his secondary education in St. Joseph's College and then studied medicine at the University of Hong Kong. He obtained his medical degree in 1940. After graduation he served in the army in China during the Pacific War from 1941-45. He returned to Hong Kong after the war and was in charge of the Lai Chi Kok Infectious Disease Hospital at the time when there were several epidemic outbreaks. Professor Ho then went to Manchester and London. He obtained the MRCP in 1947 while under training in radiology. He was elected Fellow of the Royal College of Physicians in 1963. His mentors in therapeutic radiology included Sir Brian Windeyer and Ralston Paterson. Professor Ho was the only radiologist who obtained the double qualifications in diagnostic and therapeutic radiology conferred by the Royal College of Radiologists.

Professor Ho's academic achievements are immense. He was renowned internationally as the pioneer in nasopharyngeal carcinoma (NPC). He established the casual relationship between Chinese-style salted fish and NPC, developed the Ho's staging system which subsequently was adopted into UICC TNM staging system in 2002.

In addition to his exceptional medical skills, Professor Ho made significant contributions to cancer treatment and cancer prevention education in Hong Kong. In 1963, he founded the Hong Kong Anti-Cancer Society, and in 1967, he successfully established Nan Long Hospital, the first healthcare facility in Hong Kong dedicated to caring for patients in the advanced stages of cancer. Even in his later years, Professor Ho remained active and engaged in cancer prevention activities. His dedication continued until his passing in 2005. To honor Professor Ho's benevolent efforts and benefit cancer patients in Hong Kong, the Hong Kong Anti-Cancer Society established the "Professor H.C. Ho Memorial Medical Assistance Programme". This initiative provides financial support for underprivileged patients to access cancer treatment medication, carrying forward Professor Ho's compassionate legacy of assisting cancer patients.



Professor HO Hung-chiu was working in the consultation room.



Professor Ho (fourth from left in the front row) took a group photo with his colleagues when he was the director of Lai Chi Kok Infectious Disease Hospital in 1946.





Founded in 1963 by the late Prof. John H.C. Ho, the Hong Kong Anti-Cancer Society (HKACS) is a non-profit-making cancer organisation with the longest history in Hong Kong. Commitment to serving people in Hong Kong, we have been at the forefront of the fight against cancer for 60 years. The Hong Kong Anti-Cancer Society Jockey Club Cancer Rehabilitation Centre (JCCRC) provides a one-stop nursing and rehabilitation service. With the aim of providing a comfortable "home away from home", we render comprehensive nursing care and psychological, social and spiritual support to patients and their carers. Throughout the year, we organise various public awareness campaigns, including cancer education programmes, cancer research funding, and establishing evidence-based guidelines for cancer detection and prevention. In terms of services, we provide holistic support and counseling services to cancer patients and their family members, direct assistance to cancer patients with financial difficulties through the free or subsidised drugs for treatment, Charity Bed Programme, Project Wish, and more. HKACS staff and volunteers also organise home visits and recreational activities regularly for cancer patients.



## Key Figures of Charity Programmes

### Professor H.C. Ho Memorial Medical Assistance Programme



**7,000+** cancer patients benefitted from Professor H.C. Ho Memorial Medical Assistance Programme

Involved HK\$

**61,458,600+**

of cash subsidies and



**463,000,000+**

market value equivalent of cancer drugs (Since 2006)



### Charity Bed Programme



**2,000+** beneficiaries of the Charity Bed Programme of HKACS Jockey Club Cancer Rehabilitation Centre (Since 2011)

### Jockey Club Cancer Survivorship Care Project (JCCSC)



Supported **3,290+** families, including **8,880** cancer patients and their family members (Since 2015)



## About

# The Union for International Cancer Control (UICC)

UICC's mission is to unite and support the cancer community to reduce the global cancer burden, to promote greater equity, and to ensure that cancer control continues to be a priority in the world health and development agenda.



**Union for  
International  
Cancer Control**

The Union for International Cancer Control (UICC) is the oldest and largest global membership organisation dedicated to taking action on cancer. It was founded in 1933 and based in Geneva, UICC has over 1150 member organisations in 172 countries and territories. The membership base includes the world's major cancer leagues and societies, research institutes, treatment centres, hospitals, ministries of health, public health agencies and patient support groups.



### To connect

globally through our signature events: World Cancer Congress, World Cancer Leaders' Summit and World Cancer Day



### To have

a bigger impact in your area of work by strengthening your skills, knowledge, networks and resources to achieve effective cancer prevention and control



### To amplify

your voice in the worldwide cancer movement and hold governments accountable for their commitments

---

*“Uniting the cancer community and  
creating new initiatives”*

---



**1,212**

members



**174**

countries and territories



**70%**

of respondents say their experience interacting with UICC is "very good"

(a total of 96% of "very good" and "good" combined)

**56% in 2019**



**51%**

of organisations are "very satisfied" with their membership of UICC

(a total of 85% amongst "very satisfied" and "satisfied")

**41% in 2019**



**92%**

of respondents would recommend UICC membership to another organisation

**95% in 2019**



The image depicted contains models and is being used for illustrative purposes only. Janssen Global Services, LLC. © JGS 2018



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# 非小細胞肺癌 等癌症\* 免疫治療

現已納入 **關愛基金** 資助項目



\*目前，關愛基金所涵蓋的免疫治療藥物適用於以下癌症類別的指定臨床適應症：



非小細胞肺癌



膀胱癌



淋巴瘤



頭頸癌



腎細胞癌



黑色素瘤



有經濟考慮的患者  
可向醫務社工查詢及辦理申請



基金將按照合資格申請人  
的經濟情況作出全數或部分資助

內容僅供參考。  
有關個別病人的治療方案或藥物詳情，請向醫生或藥劑師查詢。  
參考資料：1. 關愛基金醫療援助項目。Available at [www.ha.org.hk/haho/ho/ccf/ccf\\_items\\_tc.pdf](http://www.ha.org.hk/haho/ho/ccf/ccf_items_tc.pdf). Accessed 11 Nov. 2022.

除標靶藥物外，免疫治療亦已納入關愛基金，  
成為非小細胞肺癌治療新選擇。





遠離

⚠ 出沒注意

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a. HPV相關的<sup>1</sup>

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2. NCIRS. Human papillomavirus (HPV). Available at: [https://www.ncirs.org.au/sites/default/files/2018-12/HPV%20Factsheet\\_2018%20Aug%20Update\\_final%20for%20web.pdf](https://www.ncirs.org.au/sites/default/files/2018-12/HPV%20Factsheet_2018%20Aug%20Update_final%20for%20web.pdf). Accessed on: 8 Apr 2022.

本內容由美國默沙東藥廠有限公司提供以作教育用途。以上資料只供參考用途，詳情必須向醫生查詢。

美國默沙東藥廠有限公司：香港銅鑼灣禮智平道28號利園二期27樓 | 電話：3971 2800 | 傳真：2834 0756

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[her2morrow.com.hk](https://her2morrow.com.hk)



*her tomorrow*

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- **Duration** : One year pilot program
- **Operating hour** : Monday to Friday (except public holiday), 9am to 5pm

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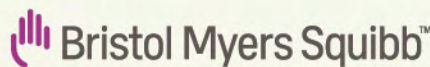
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# The Health Professionals Guide to Delivering Psychological Care for Adults with Cancer

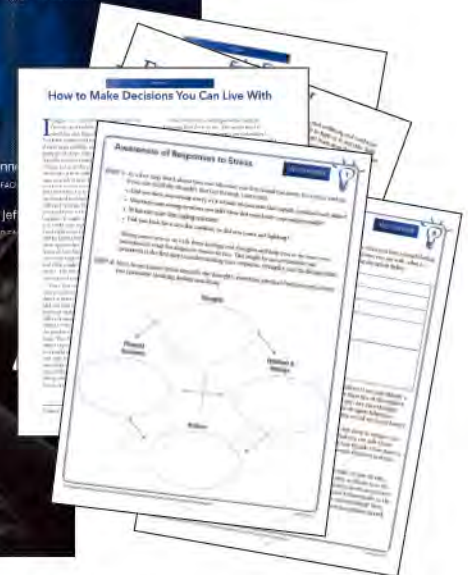
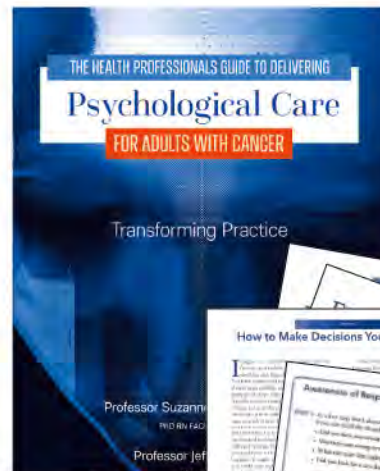
Professor Suzanne Chambers AO

PhD RN FACHP MAPS

Professor Jeff Dunn AO

PhD FAICD

Being diagnosed with cancer is a frightening experience. The negative psychological impact that a person and their family may experience includes heightened anxiety, depression, fear, sadness, shock, and anger. Yet many patients and families will find psychological care tailored to their needs difficult to access.



The Health Professionals Guide to Delivering Psychological Care for Adults with Cancer transforms oncology practice by including effective psychological care tailored to the needs of patients through an evidence-based, person-centred approach.

The guide is available as a combined print and digital product to provide accessibility and flexibility to the preferred needs of various healthcare organisations and systems. It is relevant to specialist and general nurses, allied health professionals, psychologists, and medical practitioners working in cancer care.

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Reference: 1. IBRANCE Prescribing information. Pfizer Corporation Hong Kong Limited: Version: July 2021.

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# 攜手重燃呼吸希望

肺癌患友的治療路艱辛而漫長，但路上總有呼吸希望。肺癌關注計劃「呼吸希望」為了讓患友在治療過程中能更積極與肺癌共存，與家人摯愛共享更多珍貴時光，共同體驗「高質素存活」，特別為肺癌患友及照顧者提供肺癌資訊及日常生活貼士，以及定期舉辦活動，進一步建立肺癌患友社群，一起重燃呼吸希望。



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